

## CURRICULUM VITA

**Joseph M. Cereghino, Psy.D.**

**Licensed Psychologist**

**Family Institute, P.C. 4110 Pacific Ave., Suite 102, Forest Grove, OR 97116**

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### **Education:**

**Psy.D., Clinical Psychology, August 2003**

School of Professional Psychology, Pacific University, Forest Grove, Oregon

American Psychological Association approved program

GPA: 4.00

**M.A., Clinical Psychology, May 1991**

Graduate School of Education and Psychology

Pepperdine University, Malibu, California

GPA: 3.78

**B.A., Psychology, April 1989**

Pepperdine University, Malibu, California

### **Honors and Awards:**

Pacific University Alumni Association Outstanding Graduate Award, August 2003

### **University Involvement:**

Student Association: Professional Programs Council Representative, July 2001 to July 2002

Mentor Program: Student mentor for first, second, and third year professional psychology students from 2000 to 2003

### **Professional Involvement:**

Member of Oregon Psychological Association, since 2004

Member of American Psychological Association, since 2004

Member of Oregon Association for Play Therapy, since 2004

Council Member, Oregon Association for Play-Therapy 2006-2009

Member of Gestalt Therapy Training Center Northwest, since 2003

**Professional Presentations:**

- Clark-Plowman, D., Cereghino, J. & Heilweil, S. (2001). Communication skills in the work place. Presentation developed specifically for the Oregon Humane Society, Portland, Oregon.
- Cereghino, J. (2002). Grand Rounds clinical case presentation to faculty and students of Pacific University School of Professional Psychology.
- Cereghino, J. & Ravensberg, V. (2002). Clinical Interviewing. Workshop presented to second and third year medical students at Oregon Health Sciences University. The workshop consisted of lecture, group problem solving, and role-playing interviewing skills including, active listening, empathy, and interviewing a variety of difficult patients/situations presented by the medical students.
- Cereghino, J. (2002). Working with Grief. Workshop presented to the Resident Assistants and House Assistants of on-campus housing at Reed College.
- Cereghino, J. & Suessbrick, A. (2003). Working with Students in Crisis. Workshop presented to the Resident Assistants and House Assistants of on-campus housing at Reed College.
- Cereghino, J. (2008). Grief and Pet Loss. Keynote speaker for Laurelhurst Veterinary Hospital 2008 Pet Remembrance Ceremony.

**Grants:**

- Listos Alternative Learning Center Community 101 group and PGE-Enron Foundation grant to develop and implement a parent training group in Spanish for the W.L. Henry Elementary School in Hillsboro, Oregon (June 2001).

**Research:**

- Pacific University-School of Professional Psychology  
September 2000-December 2000.  
Cognitive Behavioral depression group research  
Supervisor: Paula Truax, Ph.D.
- Pacific University-School of Professional Psychology  
June 2000-July 2002  
Child and Adolescent Research Group  
Supervisor: Catherine Miller, Ph.D.

Pacific University-School of Professional Psychology

April 2003

Doctoral Dissertation

Title: A Standard of Practice and Ethical Guideline for Psychologists using Animals in Outpatient Psychotherapy: A Synthesis and Extension of the Literature

Dissertation Chairperson: Catherine Miller, Ph.D.

**Clinical Experience:**

May 2006-Present

Licensed Psychologist

Private Practice

Portland, Oregon

Provide child, adolescent, family, and individual adult psychotherapy. Therapeutic issues included mood disorders, anxiety disorders, trauma, grief, interpersonal relationship difficulties, adjustment to long-term or situational life stressors, home and school behavioral concerns, strengthening parent-child relationships, and self exploration/personal growth.

April 2004-April 2006

Psychologist Resident

Private Practice

Portland, Oregon

Provided child, adolescent, family, couples, and individual adult psychotherapy. Therapeutic issues included mood disorders, anxiety disorders, trauma, grief, interpersonal relationship difficulties, adjustment to long-term or situational life stressors, home and school behavioral concerns, strengthening parent-child relationships, and self exploration/personal growth.

Supervisors:

Steve Zahm, Ph.D.

Wendy Miller, Psy.D., RPT-S

August 2002-May 2003

Intern Psychologist

Health and Counseling Center

Reed College, Portland, Oregon

Provided individual, couples, and group therapy to a variety of late adolescent and adult clients. Therapeutic issues included mood disorders, anxiety disorders, eating disorders, past and current trauma, grief and loss, personality disorders, substance abuse, self-harm and suicidal behaviors, adjustment to social and academic demands of college, and crisis counseling. Provided comprehensive assessment of Attention Deficit Disorders and Learning Disorders. Provided 24-hour on-call counseling services.

Supervisors:  
 Mary Catherine King, Psy. D., PMHNP  
 Sarah Parshley, PMHNP  
 Michael J. Fulop, Psy. D.

May 2000-July 2002

Advanced Practicum Therapist  
 Psychological Service Center  
 Pacific University, Portland, Oregon

Provided individual, family, couples, psychoeducational group, and interpersonal process group psychotherapy to a variety of child and adult clients. Therapeutic issues included mood disorders, anxiety disorders, personality disorders, oppositional defiant disorder, parent-child relational problems, asperger's disorder, and attention deficit hyperactivity disorders. Participated in weekly peer supervision, group supervision, case consultations, and specialty supervision.

Supervisors:  
 Catherine Miller, Ph.D.  
 May 2000 to July 2001  
 Michel Hersen, Ph.D., ABPP  
 August 2001 to July 2002

January 1990-March 1991

Practicum Therapist  
 San Fernando Valley CMHC  
 San Fernando Valley, California

Provided individual and couples psychotherapy in outpatient clinic and home visit modalities. Therapeutic issues included mood disorders and anxiety disorders, with a special focus on treating agoraphobia related issues through home visits. Participated in weekly staff meetings, in-service trainings, and group supervision sessions.

Supervisor: Ruth Flack, LCSW

**Provision of Supervision:**

April 2001-July 2001

Supervision of Masters level students  
 Professional Roles & Values class  
 Psychological Service Center  
 Pacific University, Portland, Oregon

Provided group supervision to three Masters in Counseling Psychology students at Pacific University. Supervision focused on learning basic clinical skill from a cognitive-behavioral perspective. Students were required to video tape weekly role-played therapy

sessions from initial intake through termination with a client. Provided supervision on interviewing, diagnosis, conceptualization, treatment planning, intervention, and termination.

Supervisor: Miller Garrison, Ph.D.

August 2001-July 2002

Peer Supervisor  
Psychological Service Center  
Pacific University, Portland, Oregon

Provided peer supervision for four doctoral level practicum students on the Psychological Service Center supervision team led by Michel Hersen, Ph.D., ABPP. Group supervision format designed to assist first and second year practicum students in professional development and increasing clinical skills. Position is traditionally held by an intern. Appointed to position by Don Fromme, Ph.D., Clinic Director.

Supervisor: Sydney Eye, Ph.D.  
Clinic Director

### **Volunteer Experience:**

January 1988-April 1988

Camarillo State Mental Hospital  
Ventura, California

Volunteered on child units serving populations with Mental Retardation, Autism, Attention Deficit Hyperactivity Disorder, and Learning Disorders. Provided assistance with developing self-care skills, social skills, and academic skills based on a token economy reward system.

August 1988-December 1988

Interface of Ventura County  
Thousand Oaks, California

Volunteered as a youth crisis counselor serving adolescent and family populations. Provided mediation between troubled adolescents and families.

January 1989-April 1989

Domestic Violence Shelter  
Interface of Ventura County  
Thousand Oaks, California

Worked primarily with children at the shelter. Provided a healthy male role model for shelter clients.

January 1994-present

Oregon Humane Society Volunteer  
Portland, Oregon

Provide assistance to Behavioral Department and Animal Care Technicians in socializing and training shelter dogs with shyness, anxiety, and various behavioral concerns.

November 2004-present

The Dougy Center for Grieving  
Children and Families  
Portland, Oregon

Volunteer Facilitator with Sons & Daughters child group, ages 6-12 years.

**References:**

Wendy Miller, Psy.D., RPT-S  
Licensed Psychologist  
2732 NE Broadway  
Portland, OR 97232  
(503) 236-4909

Steve Zahm, Ph.D.  
Licensed Psychologist  
200 E 22<sup>nd</sup> Street  
Vancouver, WA 98663  
(360) 696-2744

Catherine Miller, Ph. D.  
Assistant Professor of Psychology  
School of Professional Psychology  
Pacific University  
2004 Pacific Avenue  
Forest Grove, OR 97116  
(503) 352-2114

Jay Thomas, Ph. D., ABPP  
Professor of Psychology  
Director of Counseling Psychology Program  
Pacific University  
511 SW 10th Suite 400  
Portland, OR 97205  
(503) 352-2634

Michel Hersen, Ph.D., ABPP  
Professor and Dean  
School of Professional Psychology  
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Forest Grove, OR 97116  
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Don Fromme, Ph.D.  
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