

Wendy Galambos, M.A., LPC

Family Institute, P.C.

503-357-9548

OBJECTIVE

A counseling position, helping people go from their current scenario to their preferred scenario.

HIGHLIGHTS OF QUALIFICATIONS

- Licensed Professional Counselor in the state of Oregon
- M.A. in Counseling Psychology, B.S. in Psychology, Minor in Health Education
- Thirteen years of experience working with children and their families.
- Experience providing individual, family, and group counseling; special interest in women's issues.
- Experience working in private practice as well as closely with psychiatrists & milieu team in psychiatric day hospital setting.
- Intake coordination for psychiatric day hospital setting.

EXPERIENCE

Counseling

- Effectively developed and implemented treatment plans for a variety of issues, including ADHD, bipolar, suicide/depression, PTSD, family problems, anxiety, stress/anger management, grief/loss, self-esteem, eating disorders & body-image, adjustment issues, sexual perpetrators, oppositional & defiant disorder, and vocation and career options.
- Designed and facilitated groups & workshops on codependency & boundaries, body image, personality issues, and anger management.
- Experience doing psychosocial assessments, testing, diagnosis, developing and implementing treatment plans, keeping case notes, providing skills training & behavior management, crisis intervention, and discharge planning.
- Case management including networking with community organizations such as schools and providing materials, education, and community referrals to clients and their families.

Communication

- Outstanding ability to establish a rapport and build trust with people essential in an effective working relationship.
- Utilize observation skills and knowledge of human development to identify behavioral issues and effectively applied behavior modification strategies to facilitate change.
- Provide crisis management and assist in conflict resolution.
- Excellent communication skills and the ability to work as part of a team.

Planning/Organization

- Effectively planned, organized, and implemented activities for groups.
- Proven ability to juggle multiple tasks and achieve positive outcomes through successfully evaluating and prioritizing simultaneous needs.

EMPLOYMENT HISTORY

Counselor , Family Institute, P.C., Forest Grove, OR	1999-Present
Counselor , Salem Hospital, Salem, OR	1999-Present
Counselor-Intern , Warner Pacific College, Portland, OR	1997-1998
Child Care Specialist , Step By Step Child Development Center, Portland, OR	1994-1999

EDUCATION

Master of Arts in Counseling Psychology, George Fox University, Portland, OR
Bachelor of Science in Psychology, Portland State University, Portland, OR