

Family Institute, P.C.

Main Office: 4110 Pacific Ave., Suite 102
Forest Grove, OR 97116
Appointments: (503) 601-5400

Tigard Office: 9600 SW Oak St, Suite 280

Tigard, OR 97223

PHILOSOPHY:

My philosophy comes out of a family systems approach to therapy. A system approach emphasizes the Inter-relatedness of one's relationships. I seek to work with the clients in a strength-focused and client-centered manner. I utilize both a cognitive/behavioral approach and solution focus approach to therapy. I seek to be a facilitator in helping the client build a contract of goals as we explore beliefs, perceptions, attitudes, thoughts and feelings. I also focus on helping the client build strong skills in communication. The client assumes personal responsibility in the resolution of issues. I seek to provide a safe environment where a client can freely explore their issues so that positive and lasting change can occur.

Although I have many years of experience as a pastor and military chaplain, I am committed to interacting with my clients in a way that shows respect for their non-religious or religious traditions. I am open to including a process of discovering and understanding a client's spiritual journey if the client so desires, but I do not seek to impose or interject my personal concept of spirituality into the therapy process. I may tend to illustrate psychological principles by reference to general religious principles, but only when it is appropriate and helpful to the particular client and therapeutic process.

As a Licensed Marriage and Family Therapist and recognized by the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. (0AR 833-60-001) I also subscribe to the Code of Ethics of the American Association of Marriage and Family Therapist. (AAMFT)

EDUCATION LEVEL/TRAINING/CERTIFICATION:

I have a Master of Divinity Degree in Pastoral Ministries from Western Conservative Baptist Seminary and a Masters in Marriage and Family Therapy from George Fox University, Portland, Oregon. Some of my course work has included Principles and Techniques of Counseling, Personality and Counseling Theory, Introduction & Advanced Marriage Therapy, Psychopathology & Appraisal, Depression/ Suicide Prevention & Treatment, Effective Couple Communication, Substance Abuse from a Systemic Perspective, Human Growth and Development, Counseling. I have had over thirty years of experience in the helping profession, including many years of experience working within a Christian environment as a pastor since 1976 and a protestant Air Force Reserve chaplain since 1985.

CONTINUING EDUCATION:

As a Licensed Marriage and Family Therapist in the State of Oregon, I will keep current with my ongoing education, taking classes, dealing with subjects relevant to this profession.

CLIENTS BILL OF RIGHTS: Clients have the right ...

- * To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- * To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- * To obtain a copy of the Code of Ethics;
- * To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- * To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee.
- * To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

FEE SCHEDULE: Intake Assessment (First session) \$90.00

Individual, Couple, and Family counseling hour (50 min) \$70.00

PROFESSIONAL/LICENSING BOARD ADDRESSES: (You may contact the board if you have concerns)

OREGON: Board of Licensed Professional Counselors and Therapists (503) 378-5499

3218 Pringle Road, SE #250 Salem, OR 97302-6312